

TREATMENT OF BUNIONS

A. CONSERVATIVE TREATMENT

- Injections with Anti-Inflammatory
- Oral Anti-Inflammatories (Advil, Aleve, Celebrex)
- Wider Shoes
- Pads
- Orthotics
- No Treatment

B. SURGICAL REPAIR

- Same Day Procedure
- Minimal Scar Technique
- Most patients can walk with surgical shoe same day as procedure
- Return to sneakers week 4 in most cases
- 1-2 days out of work if desk job



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