

TREATMENT OF SOFT TISSUE MASSES OF FOOT & ANKLE

A. CONSERVATIVE TREATMENT

- Diagnostics: Ultrasound and/or MRI Evaluation
- Injection Aspiration of Fluid – If Any
- If Ganglion Cyst – May be able to drain in office, but usually return

B. BIOPSY OF MASS

- Simple surgical removal of mass or cyst.
- Pathology to confirm diagnosis



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