

TREATMENT OF NEUROMAS

A. CONSERVATIVE TREATMENT

- Cortisone Injection
- Oral Anti-Inflammatory Medication (Advil, Alleve, Celebrex)
- Orthotics
- Metatarsal Pads
- Lidocaine Patches / BioFreeze
- Series of Dehydrated Alcohol Injections
- Change of Shoe Gear

B. MINIMALLY INVASIVE SURGERY (CRYOSURGERY)

- Freezing of the nerve via 14 minute in office procedure under local anesthetic return to work next day.

C. SURGICAL REPAIR

- Surgical Release of Nerve
- Removal of Nerve



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